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Supporting Victims of Racist Hate Crimes: Effective Counseling Practice

Understanding and Implementing Racism-Sensitive Counseling

Eben Louw



# Why this presentation?

- Understand the impact of racism and hate crimes
- Learn about racism-sensitive counseling

### three phases/stages of victimization



victimization

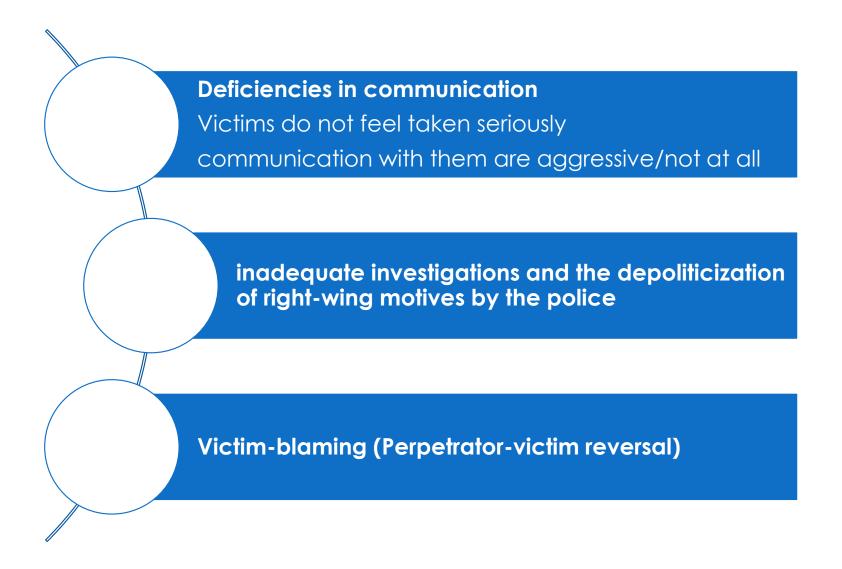
 direct physical, psychological and material consequences of a (violent) crime

Secondary victimization •inadequate treatment (traumatizing experiences, stigmatization and discrimination) after the (violent) crime

Tertiary victimization • the result of experiences and attribution or labelling processes due to previous primary and/or secondary victimization

## Secondary Victimization

by police & justice (Central result of the ezra/VBRG/IDZ study



#### Secondary victimization by police <u>& justice</u> (Central result of the ezra/VBRG/IDZ study:

As Experienced by two thirds of those affected by secondary victimization related to treatment by the police.

- Deficiencies in communication Victims
  - do not feel taken seriously,
  - they are communicated with aggressively or not at all
- inadequate investigations and the depoliticization of right-wing motives by the police
- Perpetrator-victim reversal. Victim-Blaming
- Inaction and protective behavior of police officers towards the perpetrators
- Endangerment of those affected by inadequate protective measures for the way home if the perpetrators are not identified.
- were met with prejudice, intimidation and subtle to open hostility from police officers.

Prevent overemphasis on cultural knowledge and critically scrutinize culturespecific approaches

...is only partially helpful and ineffective if it is not linked to concrete implementation and strategies.

Underestimate the impact and relevance of culture



A study from 2016 shows that an invitation to a job interview is very different. Applying as Sandra Bauer has significantly more chances than applying as Meryem Öztürk.

Implicit Bias plays a central Role.

# 7 ways to take an anti-racist stance:

- Structural & Institutional Analysis Instead of Individual Blame
- Listening, acknowledging and showing empathy rather than relativizing and reinterpreting
- Instead of focusing on intentions, focus on effects and consequences
- 4. Acceptance of responsibility rather than postulation of misunderstandings
- 5. Everyone has to act according to their own convictions speaking up for oneself rather than speaking acting on behalf of racialized Minorities
- 6. Language sensitive to discrimination and racism
- Taking a stand and organizing solidarity instead of false neutrality

Anti-Rassismus in mentale Gesundheits angebote



## Identitätsent wicklung im Kontext von Rassismus

Modelle zur "racial identity development" – Kenntnisse über Identitätsentwicklung im Kontext von Rassismus, kann für die Beratung von Rassismus Betroffenen Hilfreiche handlungsspielräume eröffnen.

# Book recommendations





